



Neurodiversity Training & Inclusive Practice

Level 2-5



CPD Standards Office
The Educator's Trustmark

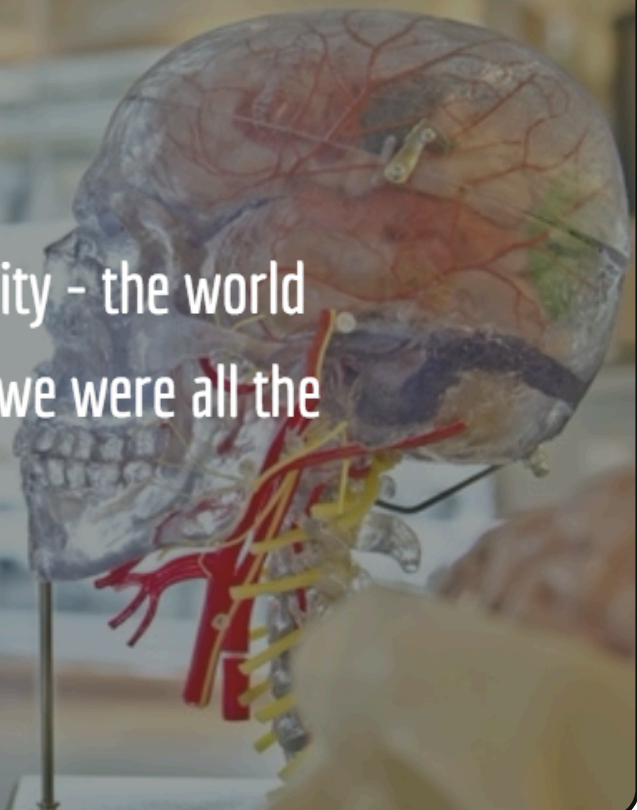
Delivered by:

**Moor To Life
Education & Wellbeing CIC**

www.moortolifecic.com



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"We should celebrate neurodiversity - the world would be poorer and life duller if we were all the same."

- Neil Milliken

Overview

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Moor To Life is a leading not-for-profit education provider, delivering specialised learning, training, and support to empower neurodivergent individuals and the communities around them. We blend evidence-based practice with human-centred design to create environments where diverse minds can thrive intellectually, socially, and professionally. We champion inclusivity and blend education with wellbeing and community engagement.

Inclusive learning through flexible delivery

What is Neurodiversity?

Neurodiversity is the idea that human brains naturally vary, and that these differences are a normal and valuable part of humanity. No two brains (or nervous systems) are the same; therefore, like biodiversity describes all life on Earth, neurodiversity describes the diversity of all human brains.

To understand the word, it can be broken into two parts: Embracing neurodiversity in the workplace shifts thinking away from “fixing” people and towards:

- Acceptance and inclusion
- Accommodations in school, work, and society
- Valuing different ways of thinking

Championing differences and uniqueness



Why choose us?

We champion people.

Moor To Life CIC is the home to the first dedicated centre of excellence for Neurodivergence. We design and deliver programmes that build skills, confidence, and resilience through accredited learning, practical application, and outdoor experiential activity. We work with partners to create inclusive learning environments, particularly where neurodiversity, wellbeing, and culture change are strategic priorities. Our courses are designed through lived experiences and real-life, evidence-based case studies.

Our objective for our courses is to:

- Create an informative, practical, and enjoyable learning experience
- Raise workforce-wide awareness and confidence in neurodivergence, enabling inclusive teams and improved performance
- Develop managers and leaders with accredited neurodivergent management and leadership capability (Level 4/5)
- Improve core skills, safety, and employability through Functional Skills (English/Maths).



Neurodivergent Profiles



Common

- Autism
- ADHD (Attention-Deficit/Hyperactivity Disorder)
- Dyslexia
- Dyscalculia
- Dyspraxia (Developmental Coordination Disorder)
- Tourette Syndrome
- OCD (Obsessive-Compulsive Disorder)
- Sensory Processing Differences



Less Common

- Auditory Processing Disorder (APD)
- Nonverbal Learning Disability (NVLD)
- Hyperlexia
- Aphantasia
- Synesthesia
- Prosopagnosia (Face Blindness)
- Selective Mutism
- Sluggish Cognitive Tempo (SCT) / Cognitive Disengagement Syndrome
- Alexithymia
- Misophonia

Course Summary

01

Introductory to Neurodiversity Awareness

02

Neurodiversity in the workplace

03

Inclusive leadership & management

04

Supporting neurodivergent learners or staff

05

Advanced / Specialist Workshops

06

Custom-built Training Options



Delivery Formats

We offer a range of delivery formats to ensure accessibility, flexibility, and engagement for all learners, including neurodivergent individuals.

By offering multiple delivery formats, we ensure all learners, regardless of their needs, can engage, learn, and thrive in their environments.



Face to Face

In person
training

Online

Live online
workshops

Hybrid

Combining the
best of
both worlds

Self-Paced

Flexible and
accessible

Expected Outcomes

Our courses have been created to complement a training environment that is:

- **Inclusive**
- **Accessible**
- **Flexible**
- **Impact Driven**
- **Accredited**



We are committed to;

01
Increasing awareness and confidence in understanding ND

02
Providing practical tools & Strategies to include in management practices

03
Improve and champion inclusion and retention within the organisation

04
Drive a strong organisational impact and a creative workforce



Let's Work, Learn and Grow Together



Scan to learn more

Contact us to book a course now



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www.moortolifecic.com/professionalservices